



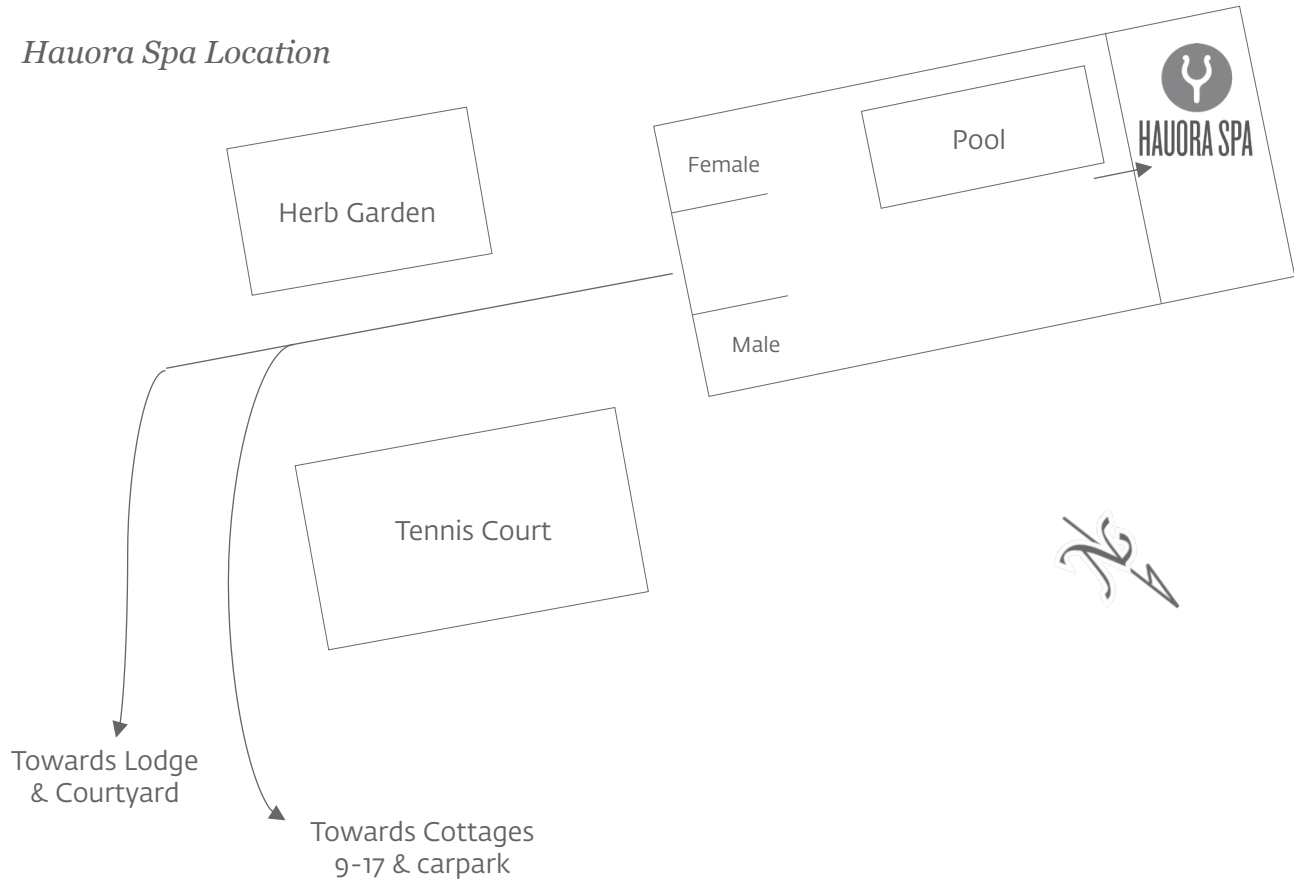
# HAUORA SPA

*Wharekauhau Country Estate | NZ*

## *Treatment Menu*

ALL TREATMENTS ARE DESIGNED FOR THE COMFORT OF WOMEN & MEN

*Hauora Spa Location*



## ***Spa Description***

For over a century Wharekauhau has been regarded as much more than a lodge or farm.

The lands special has captivated, inspired, & resonated deeply with those that have experienced Wharekauhau.

... It is a place where the thunderous Pacific waves meet the wind-swept black sand beaches;

... A place where the mountains seem to rise up out of the ocean & kiss the clouds;

... A place that the naturally dramatic surroundings can influence healing, self-consciousness, & provide a distinct sense of place & calmness...

Hauora, (pronounced; Ho-ore-a), is a Māori philosophy of total health & well-being, & we believe it pays great tribute to the people, & energy of the land, past & present.

The concept consists of the four dimensions of Hauora:

***Taha Tinana:***

Physical well-being

***Taha Hinengaro:***

Mental & emotional well-being

***Taha Whānau:***

Social well-being

***Taha Hinengaro:***

Spiritual well-being



## *Massages*

Relaxing Full Body Massage \$195 60 mins/\$260 90mins

Deep Tissue Full Body Massage \$210 60mins

Hot Stone Massage \$250 80mins

Therapeutic heat from volcanic stones combined with massage

Warm Bamboo Massage \$200 60mins

Deep tissue massage with heated bamboo sticks

Pregnancy Massage \$230 80mins

A soothing & nourishing spa journey for the mother-to-be from their second trimester

## ***Full Body Treatments & Packages***

### Revitalising Bamboo Body Polisher & Massage

Whole Body

\$350 90mins

Back

\$230 45mins

### Green Tea Warming Body Wrap & Massage

Detoxifies & resurfaces skin texture

\$380 90mins

### Full Body Massage & Facial

\$390 90mins

### Body Polisher & Facial

\$540 120mins

### Facial & Pedicure

\$340 90mins

### Farmers' Pampering Sensation

\$680 190mins

Starting with a 30 min hot stone back massage, followed by our signature Manuka honey full body massage cocoon mask combined with a head & scalp massage & hydrating facial.

End with a manicure or pedicure.

## *Face & Eye Treatments*

AquaQuench Facial & Eye Mask For skin in need of a moisture boost	\$240	60mins
Bright Pure Facial & Eye Mask Brings back the glow, improving skin pigmentation	\$240	60mins
Advanced Tone Facial & Eye Mask Enhances restoration of skin balance & tone	\$240	60mins
Timeless Anti-Ageing Facial & Eye Mask Helps protect against fine lines & wrinkles	\$240	60mins
Jet Lag De-Stress Facial Massage technique that relieves muscular tension of jaw, neck & shoulders – cleansing, soothing & hydrating	\$220	60mins
Collagen Boost Eye Contour Reduces puffiness & dark circles	\$85	30mins

## ***Hands & Feet***

Hydrating Manicure \$140 60mins

Anti-fatigue Pedicure \$160 80mins

Available nail polish: CND every day Vinylux polish, CND shellac.

## ***Hair & Scalp Treatments***

Wash & Blow Wave \$150 60min

Available hair products: Pureology (vegan), Moroccanoil, L'Oréal

Moroccan Oil Deep Conditioning Mask & Hair Treatment \$195 90mins

Starting with shampoo & conditioning, we then hot towel your hair while giving you a face, neck & shoulder massage. We then apply the conditioning mask combined with a scalp massage.

Finally we wash & blow wave your hair.



## ***Hauora Signature Body Treatment***

Manuka honey & sea salt full body cocoon mask.

After an invigorating honey-salt exfoliation your body will be cocooned in a silky warm honey mask, followed with a fig & grapefruit body milk massage.

This full body treatment is designed to assist in helping hydration, cellular regeneration and promotes anti-ageing.

\$400 90mins



## ***Bookings***

All spa treatments can be booked by contacting reception prior or on arrival to Wharekauhau.

Treatment bookings are subject to availability & bookings are essential.

**Couple treatments** are subject to availability. There is an additional charge of \$55 per person.

**In-Cottage treatment** can be arranged for a \$100 additional charge.

So you may fully enjoy your spa experience, mobile phones should be turned off.

## ***Cancellation***

If your treatment booking is cancelled within 12 hours, a 50% cancellation fee does apply.

## ***For Your Comfort***

Our spa treatment rooms are located in the pool complex. In consideration of our other guests & in order for you to receive your full service, please arrive 10-15 minutes in advance to change into a robe & slippers. These are available in the changing/shower area.

Our massage therapists are fully trained to ensure the quality & safety of your experience.

If you do have health considerations please let us know so your treatment plan may be best tailored to you.

# Millefeuille

INFUSING WORLD BEAUTY

A liveable luxury beauty collection, entirely certified organic, consciously created & crafted in New Zealand's bio-diverse & expert environment. Made exclusively with natural ingredients, free from genetically modified organisms & harmful chemicals, infused in New Zealand Takaka Springs water, renowned as being one of the purest waters in the world.

To ensure instant pleasure & long lasting results, MILLEFEUILLE offers an absolute sensory experience to discover natural beauty, & inner calm.



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