

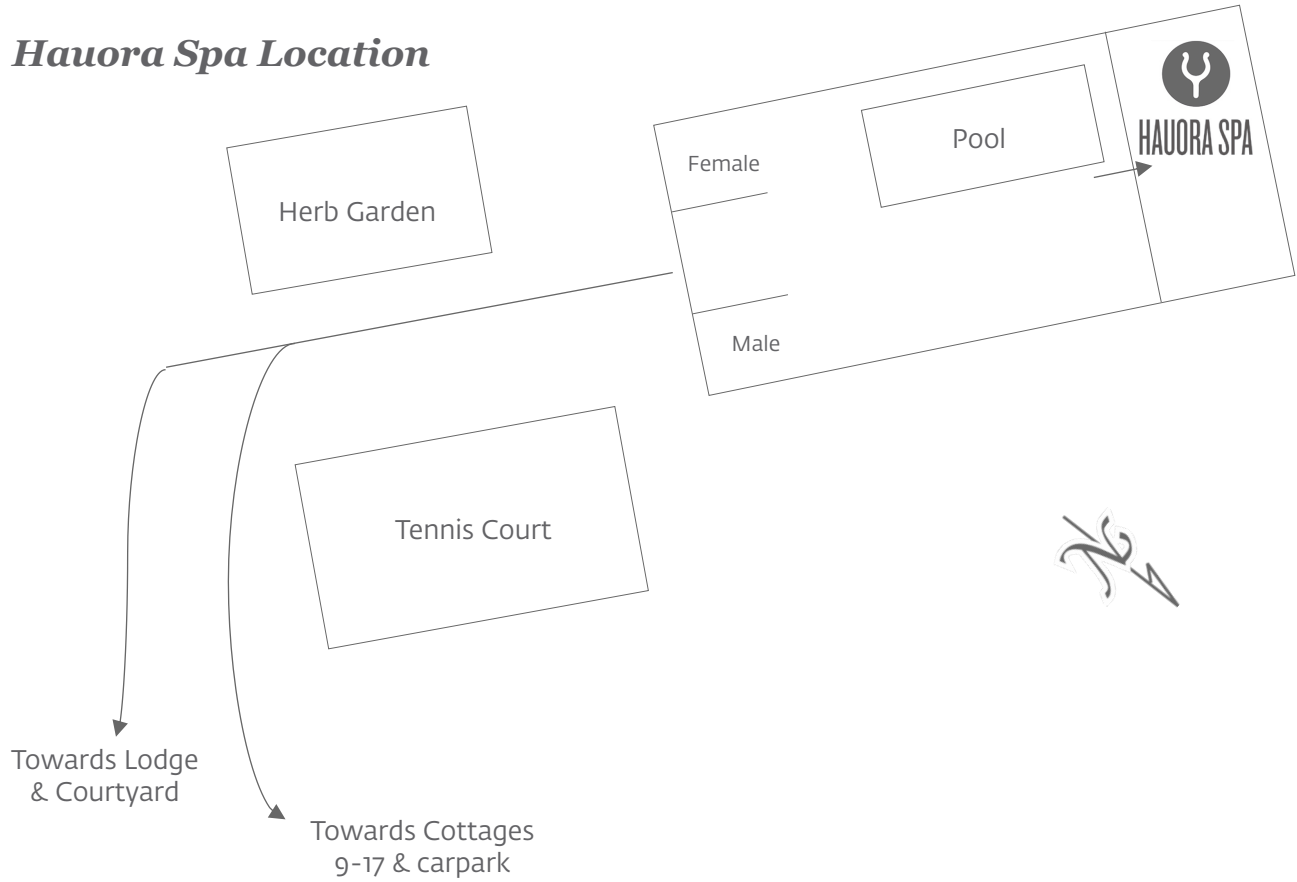


# HAUORA SPA

*Wharekauhau Country Estate | NZ*

*Treatment Menu*

# Hauora Spa Location



## ***Hauora Signature Full Body Wrap***

Our Signature Body Polish begins with a Manuka honey & sea salt rich in essential minerals exfoliation, detoxify and leave your skin primed to be cocooned in a silky warm Manuka Honey mask, followed with the therapeutic benefits of a full body massage.

This treatment is designed to assist in helping hydration, cellular regeneration and promotes anti-ageing.

\$400     90mins

Add in a Manuka honey facial while the body mask is resting

\$555     135mins

## *Massages*

Relaxing Full Body Massage

\$195 60 mins/\$260 90mins

Deep Tissue Full Body Massage

\$220 60 mins/\$360 90mins

Hot Stone Full Body Massage

\$270 90mins

Therapeutic heat from volcanic stones combined with massage

Warm Bamboo Massage

\$230 60mins

Using gliding strokes with bamboo sticks to knead and roll out the knots and relax these muscles combining the traditional benefits of a **deep tissue massage**

Pregnancy Massage

\$230 80mins

A soothing & nourishing spa journey for the mother-to-be from their second trimester

## ***Full Body Treatments & Packages***

Green Tea Warming Body Wrap & Massage	\$380	90mins
<p>Natural heating body treatment, made of premium botanicals and Green Tea. The heating effect allows the body to release the actives, enhancing the benefits of the well-know antioxidant and diuretic properties of Green Tea that confer to the plant its anti-ageing and purifying actions. A double impact Spa Body Therapy efficiently assists to combat cellulite, improving the blood flow and relieving body aches.</p>		
Full Body Massage & Facial	\$390	90mins
Hair Treatment & Facial	\$540	120mins
Facial & Pedicure or Manicure	\$340	90mins
Farmers' Pampering Sensation	\$680	190mins
<p>Starting with a 30 min hot stone back massage, followed by our signature Manuka honey full body massage cocoon mask combined with a head &amp; scalp massage &amp; hydrating facial. Ending with a manicure or pedicure.</p>		

## *Wellness for the Face*

<b>Anti-Ageing Facial &amp; Eye Mask</b>	<b>\$240</b>	<b>60mins</b>
<p>The refreshing seaweed peel off mask has an occlusive effect as the active ingredients absorb especially deep into the skin for the achievement of anti-ageing.</p> <p>Detoxifying/hydrating/vitamin &amp; mineral boost.</p>		
<b>Manuka Honey Signature Facial</b>	<b>\$255</b>	<b>60mins</b>
<p>Warm, luxurious, silky Manuka honey incorporated into a unique facial leaving you with a youthful looking skin.</p> <p>Puriti Native Manuka Honey UMF 20+ is rich in nutrients, antibacterial, decreases inflammation, hydrating and firming.</p>		
<b>Rejuvenating Men's Facial</b>	<b>\$220</b>	<b>60mins</b>
<p>Instantly revive and restore radiance to your skin with carefully selected products. Experience the results of the powerful detoxifying, calming and anti-ageing properties. Vitamin &amp; mineral boost.</p>		

## ***Hands & Feet***

Manicure	\$140	60mins
Pedicure	\$160	60mins
Men express pedicure or manicure	\$110	40mins

Available nail polish: CND every day Vinylux polish, CND shellac.

## ***Hair & Scalp Treatments***

Wash & Blow Wave	\$150	60min
Available hair products: Pureology (vegan), Moroccanoil, L'Oréal		
Moroccan Oil Deep Conditioning Mask & Hair Treatment	\$195	90mins
Starting with shampoo & conditioning, we then hot towel your hair while giving you a face, neck & shoulder massage. We then apply the conditioning mask combined with a scalp massage. Finally we wash & blow wave your hair.		

## ***Spa Description***

For over a century Wharekauhau has been regarded as much more than a lodge or farm.

The lands special has captivated, inspired, & resonated deeply with those that have experienced Wharekauhau.

... It is a place where the thunderous Pacific waves meet the wind-swept black sand beaches;

... A place where the mountains seem to rise up out of the ocean & kiss the clouds;

... A place that the naturally dramatic surroundings can influence healing, self-consciousness, & provide a distinct sense of place & calmness...

Hauora, (pronounced; Ho-ore-a), is a Māori philosophy of total health & well-being, & we believe it pays great tribute to the people, & energy of the land, past & present.

The concept consists of the four dimensions of Hauora:

***Taha Tinana:***

Physical well-being

***Taha Hinengaro:***

Mental & emotional well-being

***Taha Whānau:***

Social well-being

***Taha Hinengaro:***

Spiritual well-being



## ***Bookings***

All spa treatments can be booked by contacting reception prior or on arrival to Wharekauhau.  
Treatment bookings are subject to availability. Bookings are essential.

**Couple treatments** are subject to availability.  
There is an additional charge of \$55 per person.

**In-Cottage treatment** can be arranged for a \$100 additional charge.

So you may fully enjoy your spa experience, mobile phones should be turned off.

## ***Cancellation***

If your treatment booking is cancelled within 12 hours, a 50% cancellation fee does apply.

## ***For Your Comfort***

Our spa treatment rooms are located in the pool complex. In consideration of our other guests & in order for you to receive your full service, please arrive 10 minutes in advance to change into a robe & slippers. These are available in the changing/shower facilities.

Our massage therapists are fully trained to ensure the quality & safety of your experience.  
If you do have health considerations please let us know so your treatment plan may be best tailored to you.

# Millefeuille

INFUSING WORLD BEAUTY

A liveable luxury beauty collection, entirely certified organic, consciously created & crafted in New Zealand's bio-diverse & expert environment. Made exclusively with natural ingredients, free from genetically modified organisms & harmful chemicals, infused in New Zealand Takaka Springs water, renowned as being one of the purest waters in the world.

To ensure instant pleasure & long lasting results, MILLEFEUILLE offers an absolute sensory experience to discover natural beauty, & inner calm.



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